

[QSO:]	[freq]	[mode]	[yyyy-mm-dd]	[hhmm]	[call sent]	[rst sent]	[qth sent]	[call copied]	[rst copied]	[qth copied]
QSO:	kHz Must correspond to 160, 80, 40, 20, 15, 10 meters.	CW or PH	Date Must be within contest period.	Time Must be within contest period.	Callsign used during the contest. Must match CALLSIGN: in the header.	599 or 59 (typically)	For Arizona stations, must be 3-letter county abbreviation. For Non-Arizona stations, must be 2-letter state or Canadian province / territory, or DXCC prefix.	Callsign of the station copied.	599 or 59 (typically)	For ALL stations coping Arizona stations, must be 3-letter county abbreviation. For Arizona stations coping Non-Arizona stations, must be 2-letter state or Canadian province / territory, or DXCC prefix.
Example Cabrillo QSO Data illustrating above rules										
QSO:	14048	CW	2022-10-08	1501	K6WSC	599	PMA	KE7DX	599	NVO
QSO:	14248	PH	2022-10-08	1502	K6WSC	59	PMA	K3LR	59	PA
QSO:	14048	CW	2022-10-08	1503	K6WSC	599	PMA	VE7CC	599	BC
QSO:	14248	PH	2022-10-08	1504	K6WSC	59	PMA	OM2VL	59	OM
QSO:	14248	PH	2022-10-08	1502	K3LR	59	PA	K6WSC	59	PMA
QSO:	14048	CW	2022-10-08	1503	VE7CC	599	BC	K6WSC	599	PMA
QSO:	14248	PH	2022-10-08	1504	OM2VL	59	OM	K6WSC	59	PMA